Dentorship Mentee Expectations Document

Welcome to Dentorship – Making the Most of Your Shadowing Experience

Thank you for joining Dentorship as a mentee. Shadowing a senior mentor is an invaluable opportunity to learn firsthand from experienced professionals. To ensure a rewarding experience and maintain a high level of professionalism, we have outlined key expectations and guidelines for your mentorship sessions.

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1. Professionalism & Conduct

- Treat your mentor, clinic staff, and patients with the utmost respect at all times.
- Be punctual for all scheduled shadowing sessions; arrive at least 10 minutes early.
- Maintain a positive and proactive attitude, showing enthusiasm and willingness to learn.
- Follow all instructions given by your mentor and respect their clinic policies.

2. Dress Code & Personal Appearance

- Wear professional attire suitable for a clinical setting (e.g., smart trousers/skirt and a plain, professional top or scrubs if required by the clinic).
- Closed-toe shoes must be worn at all times for safety and hygiene purposes.
- Maintain good personal hygiene, including clean nails, fresh breath, and neat grooming.
- Avoid excessive perfume, jewelry, or anything that may interfere with a professional setting.

3. Patient Confidentiality & Ethical Conduct

- Do not discuss patient information outside of the clinic to ensure compliance with privacy laws and ethical standards.
- Follow all clinic confidentiality policies and respect the privacy of patients at all times.
- If unsure about any ethical concerns, consult your mentor before acting.

4. Engagement & Learning

- Be observant and take mental or written notes on procedures, patient interactions, and workflows.
- Ask insightful and relevant questions at appropriate moments without disrupting patient care.
- Demonstrate curiosity and a desire to improve your knowledge and skills.
- Offer assistance in non-clinical tasks if permitted (e.g., preparing instruments, organizing materials).

5. Communication & Etiquette

- Introduce yourself politely to the mentor, clinic staff, and patients when appropriate.
- Maintain a professional and respectful tone in all interactions.
- Follow the mentor’s lead regarding patient communication and do not interfere with treatments unless invited to participate.

6. Making the Most of Your Shadowing Experience

- Show initiative by asking your mentor for guidance on how you can maximize your learning experience.
- Seek feedback from your mentor and be open to constructive criticism.
- Consider following up with your mentor after the session to express gratitude and discuss any further learning opportunities.
- Build professional relationships that may help you with future career advancements.

7. Compliance with Clinic Rules & Safety Protocols

- Adhere to all clinic policies, including hygiene and infection control protocols.
- Follow safety measures and instructions given by your mentor and clinic staff.
- Do not bring unauthorized individuals into the clinic without prior approval.

Final Notes

Dentorship provides a unique opportunity for you to gain insight into real-world dentistry. By maintaining professionalism, respecting your mentor and their clinic, and taking an active role in your learning, you can make the most out of your shadowing experience.

If you have any questions or need any guidance, please reach out to the Dentorship team. We are here to support your learning journey.

We appreciate your dedication to professional development and look forward to seeing you grow in your dental career!

Dentorship Team